# If you are having a medical Emergency --- DIAL 911 or proceed to your nearest Emergency Room

## **Hospital & Crisis**

This List is for reference only. The list below is a collection of as many services as we are aware of. If a local service is not listed below, please email HealingSoulsPrayerMinistry@gmail.com with the contact info needing to be listed.

#### **Hospital/Emergency Room**

Blue Ridge Regional Hospital	(828) 765-4201
Cannon Memorial Hospital	(828) 737-7000
McDowell Hospital	(828) 659-5000
Mission Hospital- Asheville	(828) 213-1111
Johnson City Medical Center	(423)431-6111

#### **Urgent Care**

Mercy Urgent Care-Burnsville	(828) 536-5575	(Burnsville)
My Care Now @ Mauzy Phillips Center	(828) 766-3555 Option 5	(Spruce Pine)
Urgent Care Clinic- Banner Elk	(828) 783-9183	(Banner Elk)

#### **Mental Health**

Appaiachian Benavioral Health	(828) /3/-/888	Linville
Appalachian Counseling & Psychol	ogical Services (ACAPS) (828) 372-0423	Spruce Pine Office
Daymark Recovery Service	(828) 733-5889	Newland
RHA Health Services	(828) 765-0894	Bakersville
	(828) 765-0894	Burnsville

### **Crisis Hotlines**

Mental Health or Substance Abuse Mobile Crisis Hotline	1-888 573-1006
Mitchell County Safe Place Crisis Line	1-828-765-4044
National Domestic Violence Hotline	1-800-799-7233
National Suicide Prevention Lifeline	1-800-273-8255
Poison Control Center of the Carolinas	1-800-222-1222

Report Child/Adult Abuse or Neglect	(828) 733-8230	<b>Avery County</b>
	(828) 688-2175	Mitchell County
	(828) 682-6148	Yancey County